Amount of Backing Needed:

Example quilt size: 76 x 88

Step 1. Width

(Quilt width + 12) ÷ 36

Example: (76 + 12) ÷ 36
88 ÷ 36 = 2.4 yards per width

Step 2. Length

Quilts 84" or shorter need 2 widths of 45" fabric
Quilts longer than 84" need 3 widths of 45" fabric

Example: Quilt length of 88 needs 2.4 yards x 3 widths
2.4 yards x 3 = 7.2 yards
Round up to 7½ or 8 yards